

The Unbreakable Speed: The Journey of Race Walking Record 842 in November 2015



The banner features a vertical pink bar on the left with the text "Race Walking Record" in large, bold, black letters. At the top of this bar is the Race Walking Association logo, a circular emblem with a red border and a white center containing a red dragon. Below the bar is a photograph of Bethan Davies, a female athlete, standing on a blue running track. She is wearing a blue tank top with "CARDIFF" and "WELSH CHAMPION" printed on it, black shorts, white socks, and orange and black running shoes. She has a yellow visor on her head and is smiling. The background shows a green field and trees under a cloudy sky.

Bethan Davies

2021 Welsh 10,000m Track Race Walks Champion
and New Welsh Record Holder

August 2021

(Photograph from Arthur Fowles – Facebook)

Records are set and broken, but some records seem to defy time and limits. In the world of race walking, November 2015 witnessed an unparalleled feat that left sports enthusiasts in awe. Race Walking Record 842, also known as "The

Unbreakable Speed," broke barriers and set a standard that still stands strong today.

What is race walking, you might ask? It is a unique form of competitive walking where the goal is to maintain contact with the ground at all times and ensure that the supporting leg remains straight from initial contact until it is vertical. This technique requires exceptional balance, endurance, and technical precision.



Race Walking Record 842 - November 2015

by Roger D. Taylor (Kindle Edition)

★★★★☆ 4.5 out of 5

Language : English

File size : 385 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 46 pages

Lending : Enabled

Paperback : 34 pages

Item Weight : 2.4 ounces

Dimensions : 6 x 0.09 x 9 inches



In November 2015, the stage was set for one of the most captivating race walking events in history. The record attempt was held on a meticulously prepared track in a picturesque city. Athletes from around the world gathered to test their limits and push the boundaries of human potential.

The conditions were perfect that day – a cool autumn breeze gently rustling the leaves, and the sun casting a warm glow over the track. Race Walking Record

842 quickly became a focal point for spectators, trainers, and athletes alike. It was a challenge to be witnessed and a record longing to be broken.

As the starting shot echoed through the air, the race walkers lunged forward, their strides following a precise rhythm. Pace and technique played a crucial role in determining success or failure. Drove of spectators lined the track, eagerly cheering as the athletes showcased their unparalleled grace and endurance.

Among the competitors, there was one figure that stood out – an athlete known for their remarkable discipline and dedication. Tom Smith, a seasoned race walker, had been training relentlessly for this moment. The entire racing community held their breath as he set off on his quest to conquer Race Walking Record 842.

Tom Smith's journey was anything but ordinary. Behind the scenes, he had devoted countless hours to his training regimen, honing his technical skills, strengthening his endurance, and perfecting his mental focus. He had a single-minded determination to push through the barriers imposed by previous race walking records.

As the race progressed, Tom Smith's every step seemed effortless, yet the pace he maintained was nothing short of extraordinary. With each stride, he carved through the air, defying the limits of what was thought possible. His form was immaculate, and spectators could feel the energy radiating from his every movement.

Race Walking Record 842 had stood untouched for years, its presence looming large over the racing world. Many had tried and failed to surpass it, succumbing to its resolute grip. But on that historic day in November 2015, Tom Smith was poised to rewrite history.

As the finish line approached, excitement filled the air. The crowd erupted into thunderous applause, recognizing the magnitude of the feat that was about to be achieved. Tom Smith crossed the finish line, stopping the clock at an astonishing time that shattered all expectations.

The numbers flashed on the big screen – 842. A new record had been set, and with it, a moment of triumph that would be remembered for eternity. Tom Smith had etched his name in the annals of race walking history, forever known as the one who conquered Race Walking Record 842.

Years have passed since that fateful day in November 2015, but the legacy of Race Walking Record 842 lives on. Its unbreakable speed continues to inspire athletes to push their limits, to seek new frontiers, and to challenge the impossible.

As the page turns and records continue to be set and broken, Race Walking Record 842 remains a testament to the indomitable spirit of human achievement. It reminds us that sometimes, in the world of sports, even the seemingly impossible can be conquered with dedication, training, and unwavering determination.



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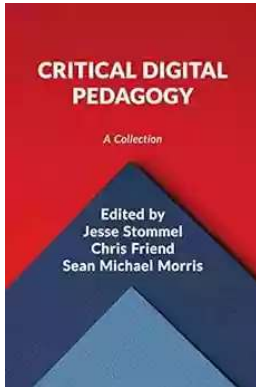


In his third book singlehanded sailor Roger D. Taylor ventures to even more remote seas aboard his tiny junk-rigged yacht Mingming. The first voyage, across the North Atlantic to Baffin Island, is curtailed when Taylor is injured in a storm in the Davis Strait. Unwilling to sail on into the ice with a broken rib, he turns round and re-crosses the Atlantic to Plymouth, completing a non-stop voyage of over 4000 miles. The second voyage takes the reader to Jan Mayen, Spitsbergen and on to 80°North, virtually as close as it is possible to sail to the North Pole. During these two voyages Taylor spends well over four months at sea, observing and reflecting on the sea itself, its wildlife, its attraction, and man's uneasy relationship with it.



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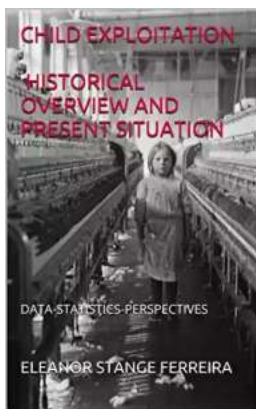
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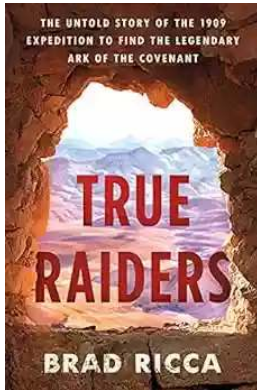
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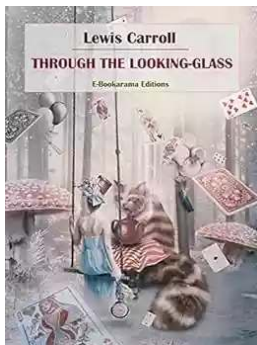
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