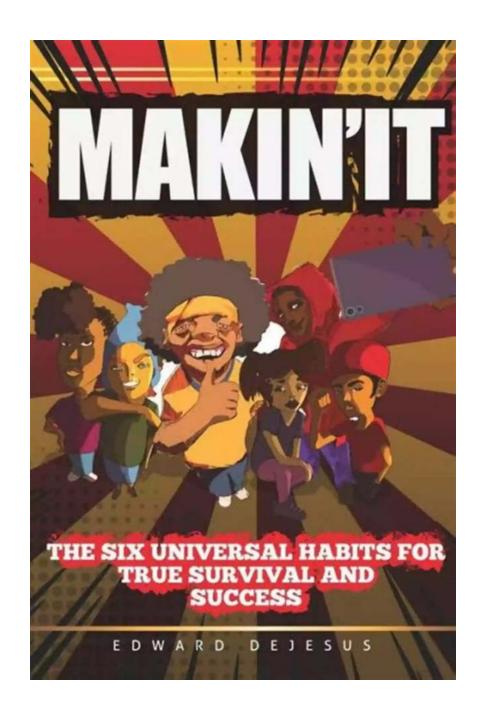
# The Six Universal Habits For True Survival And Success

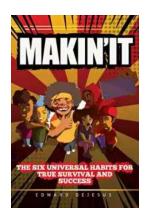


No matter where we come from or what our goals may be, survival and success are universal desires that all humans strive for. Whether it's surviving in the business world, personal relationships, or even in a life-threatening situation,

there are six universal habits that can greatly enhance our chances of survival and pave the path towards success.

### **Habit 1: Adaptability**

In any situation, adaptability is key. The ability to adjust and respond to changing circumstances is crucial for survival and success. Just like in nature, those who can adapt quickly have a higher chance of not only surviving but also thriving. Embracing change and being open to new ideas, strategies, and technologies is essential in today's fast-paced world.



## MAKiN' iT: The Six Universal Habits for True Survival and Success by Edward DeJesus(Kindle Edition)

 $\uparrow \uparrow \uparrow \uparrow \uparrow \uparrow \uparrow \uparrow \downarrow 5$  out of 5 Language : English File size : 3198 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 201 pages Lending : Enabled



### Habit 2: Resilience

Life is full of challenges and setbacks. Those who can bounce back from adversity and keep striving towards their goals are the ones who ultimately find success. Resilience is the ability to recover from difficult experiences, learn from them, and use them as stepping stones for personal growth. Developing mental toughness and a positive mindset are key components of resilience.

### **Habit 3: Continuous Learning**

The world is constantly evolving, and to stay relevant, we must never stop learning. Continuous learning is crucial for survival and success. It helps us stay ahead of the curve, adapt to new environments, and acquire new skills that can be leveraged in different situations. Whether it's through formal education, reading books, attending seminars, or seeking mentorship, the hunger for knowledge sets successful individuals apart.

### **Habit 4: Networking**

Success rarely happens in isolation. Building and nurturing a strong network of connections is essential for survival and success. Networking allows us to learn from others, collaborate, seek guidance, and open doors to new opportunities. It's not just about who you know but also about who knows you. Cultivating authentic relationships can be a game-changer on the path towards success.

### **Habit 5: Discipline**

Discipline is the bridge between goals and accomplishments. It's the ability to stay focused and committed, even when faced with distractions or temptations. Discipline is essential for long-term success, as it helps us overcome procrastination, develop healthy habits, and stay consistent in our actions. Whether it's in our personal or professional lives, discipline is a vital habit to cultivate.

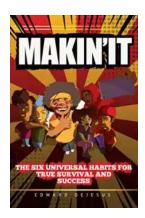
### **Habit 6: Emotional Intelligence**

Emotional intelligence (EQ),often referred to as the "secret weapon" for success, is the ability to recognize, understand, and manage our emotions and navigate social interactions effectively. It's about being aware of our own emotions and those of others, and using that awareness to foster positive relationships and

make better decisions. EQ plays a crucial role in communication, leadership, and overall well-being.

By incorporating these six universal habits into our lives, we can increase our chances of survival and significantly improve our chances of achieving true success. Whether we are striving for personal or professional goals, these habits will provide a solid foundation for navigating through life's challenges and reaching our fullest potential.

Remember, true survival and success are not just about individual accomplishments but also about making a positive impact on the world around us. By embodying these habits, we can not only thrive but also inspire and empower others to do the same.



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In MAKiN' iT: The Six Universal Habits for True Survival and Success, author and national youth workforce development expert, Edward DeJesus reveals the habits used by thousands of former at-risk youth to succeed in jobs, education and beyond.

DeJesus gives us a trailblazing book that promises to transform the way youth look at the importance of education, work, and positive lifestyles. Too often, youth are often misdirected from making the necessary investments in the development of proper attitudes, tools beliefs, and behaviors that lead to long-term economic success. In MAKiN' iT, DeJesus reveals the source of this misdirection and helps youth lay out a plan for a healthy and prosperous future.

Armed with hard facts from some of the world's prominent researchers, DeJesus uncovers that ever-elusive link between program participation and long-term success. In this step-by-step guide, young adults ages (14-26) will be better able to cope with negative influences, build economic opportunity, develop goals, and much more.

MAKiN' iT: The Six Universal Habits for True Survival and Success is destined to become the ultimate success manual for young people seeking options beyond the streets. It has already secured stellar reviews from the top leaders in the youth workforce development, juvenile justice, and child welfare fields. A must read for any young person interested in success and those who are committed to helping them achieve it.

What They Are Saying About MAKiN' iT:

"MAKiN' iT is a useful, down to earth, compassionate and respectful tool for inspiring and preparing young people to take the necessary steps to Make It! to their own goals and vision of a life worth living. Ed DeJesus has as usual captured the essence of the challenges faced by young people working against the odds, and the skills necessary to transcend those odds."

—Dorothy Stoneman, Founder, YouthBuild

"MAKiN iT integrates concepts we often discuss in isolation: trauma, belonging, decision-making, working and learning to work, and of course, social capital. It's all in here."

—Thomas C. Showalter, Executive Director, National Youth Employment Coalition

"It works, and we have the data to prove it. For more than 15 years, The Work Group has used the MAKiN' iT Universal Survival Laws to prepare Camden's disenfranchised young adults for options beyond the streets. The Survival Laws have become part of the fabric of our organization and a mantra for our youth. Ed's work has helped to elevate our ability to connect with and successfully serve youth. All youth-serving programs should be using the MAKiN' iT Universal Survival Laws!"

—Lori Godorov, Executive Director, The Work Group/New Jersey Youth Corps

"Ed hits on every cylinder with his latest book "MAKiN' iT". Everyone who is looking for work or just building their career should understand how to cultivate, develop and continuously engaging one's social capital. This skill set should be a mandatory piece of any workforce development or vocational training curriculum."

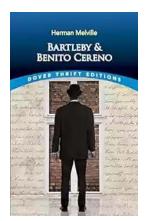
—Bob Lanter, Executive Director, California Workforce Association

"For more than 20 years, DeJesus' message has resounded loudly with the youth of Baltimore city. He has found a way to reach youth with a message that parents and educators have been trying to convey for years. This book is a must-read for all youth in workforce development programs and those who are trying to see them through."

Ernest Dorsey, Assistant Director, Baltimore City Mayor's Office of Employment
 Development

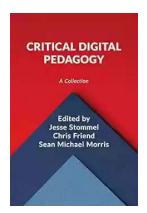
"An important book for any young person who wants to build a better future. A timely book for anyone who wants to help them build it."

—Tadar Muhammad, Vice President, Home Builders Institute



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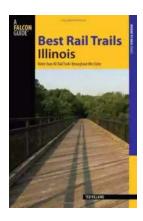
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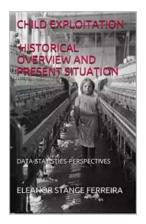
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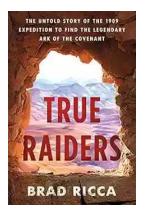
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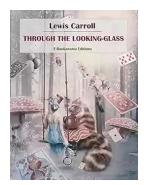
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