

Racing Pigeons Advanced Techniques: Old Birds Training And Racing Systems

An In-Depth Guide on Training Old Racing Pigeons

When it comes to racing pigeons, the training of old birds is a crucial factor in achieving success. With advanced techniques and a well-designed racing system, you can take your racing pigeons to new heights. In this article, we will explore the various aspects of training old birds and implementing effective racing systems.

The Importance of Training Old Racing Pigeons

Old birds, also known as yearlings or adult pigeons, have already gone through the initial stages of training as young birds. They have developed the necessary stamina, navigation skills, and muscle strength required for racing. However, consistent training is essential to maintain their fitness levels and improve their performance.

Training old birds involves honing their navigation skills, building endurance, and increasing their speed. It helps them become more experienced and familiar with the racing routes, allowing them to make better decisions during races.



Racing Pigeons Advanced Techniques - Old Birds Training and Racing Systems

by Dacian Busecan(Kindle Edition)

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Advanced Techniques for Training Old Birds

To maximize the potential of your racing pigeons, it is essential to implement advanced training techniques. Here are some proven methods to enhance their performance:

1. Loft Flying and Homing Exercises

Loft flying exercises are an excellent way to improve the pigeons' flying abilities and overall conditioning. Allowing the birds to freely fly around the loft helps strengthen their wings, boost their coordination, and reinforce their homing instincts.

Homing exercises involve releasing the pigeons from various distances and gradually increasing the distances over time. This technique helps them become familiar with longer flights and enhances their navigational skills.

2. Training Tosses

Training tosses involve releasing the pigeons from different locations to develop their endurance, speed, and navigational accuracy. Initially, the tosses can be short distances and gradually increased as the birds become more experienced.

Regular training tosses not only build physical strength but also improve the birds' confidence and ability to handle racing situations. It is important to provide a safe and familiar environment for the pigeons to return to after each toss.

3. Darkening and Lightening Techniques

Darkening and lightening techniques manipulate the pigeons' exposure to light to simulate specific race conditions. Darkening the loft in the evening and turning on the lights early in the morning makes the birds believe it's still nighttime. This encourages them to exercise more during the day, building their endurance for longer races.

Conversely, lightening the loft early in the evening and turning off the lights later in the morning creates the impression of a longer day. This helps the pigeons rest and recover after intense training sessions or races.

Implementing a Racing System

A well-structured racing system is essential for organizing competitions and ensuring fair play. Here are some key components of an effective racing system:

1. Race Planning

Proper race planning involves determining the race distances, routes, and release points. It is crucial to consider various factors like weather conditions, wind directions, and potential obstacles along the race route. Each race should provide a fair challenge to all participating pigeons.

2. Timing Systems

Using advanced timing systems, such as electronic timing chips, helps accurately record the pigeons' arrival times. These systems help eliminate timing discrepancies and provide real-time data for monitoring the race progress. They also play a vital role in determining the winners and analyzing race performance.

3. Data Analysis

Collecting and analyzing race data is essential for evaluating the performance of individual pigeons and making informed decisions for future races. Factors like flight speed, flying time, and recovery rates can provide valuable insights into the training effectiveness and potential areas for improvement.

Training old birds using advanced techniques and implementing a well-designed racing system are the keys to success in racing pigeons. By focusing on honing their abilities, improving their navigation skills, and fine-tuning racing strategies, you can increase the chances of your pigeons performing exceptionally well in competitions.



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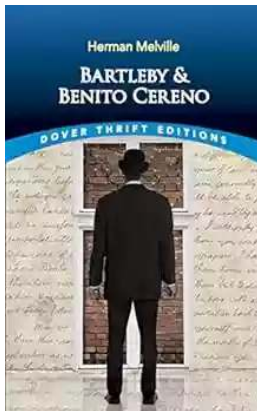


Racing Pigeons Advanced Techniques -The Old Birds Training and Racing Systems is a book that reveals the best methods of training and racing systems that must be applied in order to obtain the best results with your racing birds . The book contains 10 chapters :Old birds training, Bringing the birds into shape , Training for short and middle distance races, Training for long and marathon distance races, Training during the racing season, Racing Systems,

The natural system, The widowerhood system, The jealousy system.

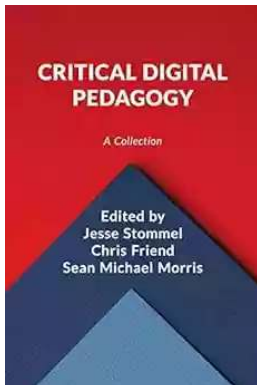
More from the author. All the chapters are in depth explained for the advanced and the beginner fancier alike ,and images are included for a better understanding.

See you on the inside.



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