

On The Hippie Trail From Kinnekulle To Kathmandu

Have you ever wondered what it was like to embark on a journey from the lush landscapes of Kinnekulle to the mesmerizing city of Kathmandu? The Hippie Trail is an adventure like no other, taking you on a transformative journey through diverse cultures, ancient ruins, and breathtaking natural wonders. Join us as we delve into the enchanting tale of this incredible voyage from Sweden's Kinnekulle to Nepal's vibrant capital, Kathmandu.

As you set foot on this hippie trail, you will find yourself immersed in a world of discovery, self-exploration, and the quest for spiritual enlightenment. This route, popularized by free-spirited travelers in the late 1960s and early 1970s, has transcended generations and become a timeless passage for those seeking a deeper connection with the world around them.

Step 1: Kinnekulle - A Swedish Haven

Your journey begins in the picturesque region of Kinnekulle, situated in Västergötland, Sweden. With its rolling hills, tranquil lakes, and quaint villages, Kinnekulle offers a serene backdrop for spiritual introspection. Spend your days exploring the beautiful hiking trails, meditating in nature, and connecting with fellow travelers who share the same desire for adventure.

Ways to go East: On the Hippie Trail from

Kinnekulle to Kathmandu by Cindy Sellon (Kindle Edition)

★★★★★ 5 out of 5

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Enhanced typesetting : Enabled
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The charming village of Husaby, nestled at the foot of Kinnekulle, is a must-visit destination for history enthusiasts. Here, you can explore the remnants of ancient Viking settlements and witness the historic beauty that lies within these ancient walls. Take a moment to reflect on the rich history of this land and its role in shaping the world as we know it today.

Step 2: The Mystical Journey through Central Asia

Now that you've found your grounding in the Swedish haven of Kinnekulle, it's time to embark on the next leg of your adventure - the journey through Central Asia. Brace yourself for a series of awe-inspiring destinations, each offering its own unique charm and cultural experience.

Your first stop is the ancient Silk Road city of Kashgar, located in the westernmost part of China. This vibrant city will enchant you with its bustling markets, colorful festivals, and rich Islamic heritage. Lose yourself in the narrow alleys of the Old City, where the scent of spices and the buzz of trade create a vivid sensory experience like no other.

From Kashgar, let the Silk Road guide you through Tajikistan's Pamir Mountains, where stunning landscapes and warm hospitality await. As you journey through this rugged region, you'll encounter remote villages, breathtaking lakes, and surreal mountain peaks. Take a moment to connect with the local communities, who will welcome you with open arms and share their fascinating stories.

Step 3: Nepal - A Spiritual Haven

Finally, your Hippy Trail adventure brings you to the spiritual heartland of Nepal - Kathmandu. Nestled in the Himalayas, this city is an epitome of spirituality, rich in ancient temples, monasteries, and a vibrant cultural tapestry.

Start your Kathmandu exploration by visiting the sacred site of Pashupatinath, one of the most revered Hindu temples in the world. Witness the mystical rituals and immerse yourself in the spiritual atmosphere that permeates the surroundings. As you venture deeper into the city, visit the magnificent Boudhanath Stupa, a UNESCO World Heritage Site and an icon of Tibetan Buddhism. Take a moment to spin the prayer wheels and soak in the peaceful ambiance.

For those seeking tranquility and inner peace, a visit to the scenic hill station of Nagarkot is a must. Experience awe-inspiring sunrise and sunset views over the Himalayas, and engage in rejuvenating yoga and meditation retreats offered by local practitioners.

The Hippy Trail from Kinnekulle to Kathmandu is a transformative journey of self-discovery, cultural immersion, and spiritual enlightenment. It takes you through diverse landscapes, ancient ruins, and vibrant cities, allowing you to connect with the world in a profound way. As you embark on this adventure, open your heart

and mind to the experiences that await you, and allow yourself to be transformed by the magic of the Hippie Trail.



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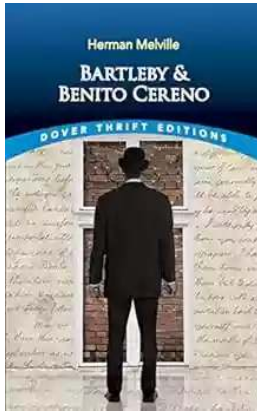


As airline miles become a problematic part of modern travel, Ways to go East shows another route through to wherever you are going, with an appreciation for the places along the way. A solo traveller's romance of trying to reach the Himalayas on trains, buses and horse carts. A diary of confidence, curiosity, pride and self-reliance, but also exhaustion and loneliness.

Join this overland journey along the old Hippie Trail from Sweden to Nepal, past Dracula's castle, train technicians with torches, the midpoint of the Roman empire, ancient ruins and temples, through extravagant military ceremonies and onto misty trains and nightmare Himalayan buses, up through jungles to the cold silence of the Annapurna massif.

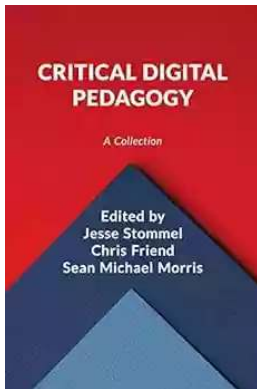
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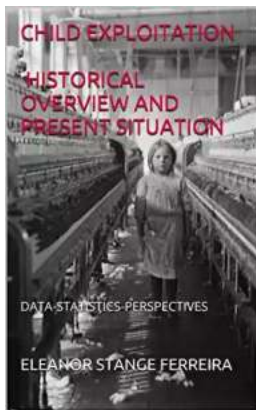
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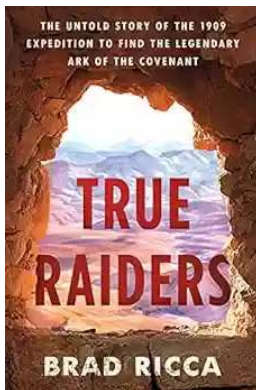
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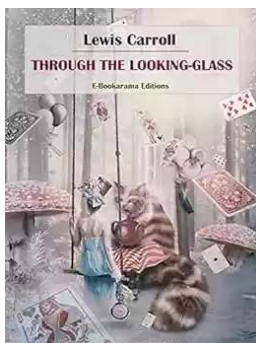
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