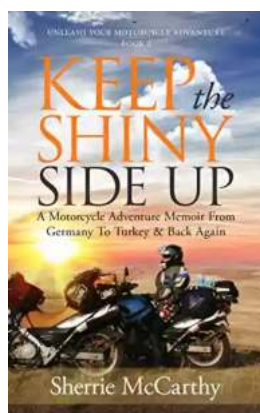


Keep The Shiny Side Up - The Ultimate Guide to Motorcycle Safety



The thrill of the open road, the wind in your face, the freedom to explore new horizons - these are just a few reasons why millions of people around the world are drawn to motorcycles. Riding a motorcycle is an exhilarating experience that allows you to fully immerse yourself in the journey. However, it is crucial to prioritize safety while enjoying the ride. In this comprehensive guide, we will cover everything you need to know about keeping the shiny side up and staying safe on your motorcycle.

The Importance of Motorcycle Safety



Keep The Shiny Side Up: A Motorcycle Adventure Memoir From Germany To Turkey & Back Again (Unleash Your Motorcycle Adventure Book 2)

by Sherrie McCarthy(Kindle Edition)

★★★★☆ 4.2 out of 5

Language : English

File size : 3352 KB

Text-to-Speech : Enabled

Screen Reader : Supported
Enhanced typesetting: Enabled
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Print length : 166 pages
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Motorcycles offer a unique and liberating mode of transportation, but they also come with an elevated risk. Compared to cars, motorcycles lack the protective exterior and safety features that can mitigate the impact of accidents. As a result, motorcyclists are more vulnerable to serious injuries or even fatal crashes. This is why it is critical to prioritize safety and take necessary precautions each time you hit the road.

Essential Safety Gear

THE ULTIMATE GUIDE TO MOTORCYCLE SAFETY GEAR

What many riders love most is the feeling of freedom that comes with riding a motorcycle. The sun shines down on the road and the wind is on your back. With this, there are many risks involved in being on two wheels. Unlike someone driving a car, a motorcyclist doesn't have a metal frame surrounding them. The dangers on the road, coupled with weather conditions, affect motorcyclists far more than anyone else. Luckily, your riding experience and your chance of reducing the risk of injury in the event of an accident can be greatly aided by protective motorcycle gear. You should be covered head to toe in the items explained here:

1. HELMET

Keeps your head and face protected from the elements and can also save your life in a crash. A motorcycle helmet is arguably the most important piece of motorcycle gear you can own. A full face helmet is highly suggested.

2. JACKET

Motorcycle jackets are frequently lined with armor to help protect you in a crash. When to colder months are here, a motorcycle jacket will help keep you warm and prevent protect against hypothermia. It's also a good idea to stay covered by a long sleeve jacket on a warm and sunny day to protect against sunburn/windburn.

3. BOOTS

It's important that your boots cover the ankle to give stability and protect against injury and abrasion. Proper riding boots will also give you a solid grip on your motorcycle pegs or road surfaces.

SUMMARY

The two basic purposes of protective gear are comfort and protection. Every piece of gear you wear should cover both of these bases. Once you are suited up in your riding gear you should feel happy in knowing that you took the proper steps to keep yourself protected and comfortable. The only thing left to do is focus on the thrill of riding your motorcycle!

4. FACESHIELD/BALACLAVA

Can protect your face from the wind, bugs, and debris. Many face shields come in tinted options to shield against the glaring sun, just make sure that it is securely attached to your helmet. Furthermore, many riders wear a facemask or balaclava underneath their helmet because it helps keep ones face warm in cold weather.

5. GLOVES

Not only are many motorcycle gloves comfortable, but also keep your hands protected, dry and warm. There are many different styles to choose from for different seasons but as rule they should always fasten above the wrist for optimal safety.

6. GOING THE EXTRA MILE

Heated gear is a surefire way to stay warm and fight the cold during winter riding. Many brands have caught on to this awesome trend and have developed full lines of heated jackets, vests, pants, socks, and gloves. Now it's easy to stay warm head-to-toe.

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When it comes to motorcycle safety, the right gear can be a literal lifesaver. As a rider, you should always wear a Department of Transportation (DOT) approved helmet to protect your head in case of an accident. Additionally, invest in high-quality protective gear such as a leather or armored jacket, gloves, pants, and boots. These items provide added protection to your body, reducing the risk of serious injuries in the event of a crash.

Mastering Defensive Riding Techniques



Defensive riding is a proactive approach that helps you anticipate and react to potential dangers on the road. By adopting defensive riding techniques, you significantly reduce the chances of getting into an accident. Some key strategies include anticipating other drivers' actions, maintaining a safe following distance, being visible to others, and avoiding blind spots. Additionally, regular practice of emergency maneuvers like swerving and braking can improve your ability to handle unexpected situations.

Maintaining Your Motorcycle



Regular maintenance is crucial to ensure your motorcycle remains in optimal condition. A well-maintained bike performs better and reduces the risk of mechanical failure that could lead to accidents. Check your motorcycle's tire pressure, brakes, lights, and fluid levels regularly. Follow the manufacturer's guidelines for oil changes and servicing. Regularly inspect the chain, sprockets, and other key components. By staying on top of your motorcycle's maintenance, you enhance both its performance and your safety.

Understanding Road Hazards



Road hazards are a common occurrence and can pose significant risks to motorcyclists. Being aware of potential hazards and knowing how to react is essential. Keep an eye out for obstacles such as potholes, debris, oil spills, gravel, and uneven surfaces. Wet conditions and ice can make the road extremely slippery, so adjust your speed and take extra caution. Additionally, be cautious when approaching intersections and watch out for distracted drivers or vehicles making sudden turns.



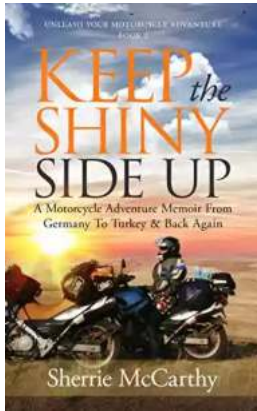
Motorcycle safety should always be a top priority for riders. By adhering to proper safety precautions, wearing the right gear, practicing defensive riding techniques, maintaining your motorcycle, and staying alert to road hazards, you can significantly reduce the risks associated with riding. Remember, it's not just about reaching your destination but also enjoying the journey while keeping the shiny side up and having memorable experiences on your motorcycle.

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With a brand new license and craving adventure, they hit the road.

Sherrie and Patrick were no strangers to overland motorcycle travel. They met on Patrick's first around the world motorcycle trip. After joining him in Argentina to ride pillion Sherrie was hooked – both on Patrick and motorcycle travel. And so a dream was born. Their next trip would have them each riding their own motorbike. However, as the months turned to years that dream seemed ever distant. Soon it became apparent that saving for an around the world trip would take longer than either was willing to wait. Realizing that there was more to life than working and saving, they switched plans and decided to ride from Germany to Turkey and back via the Balkans.

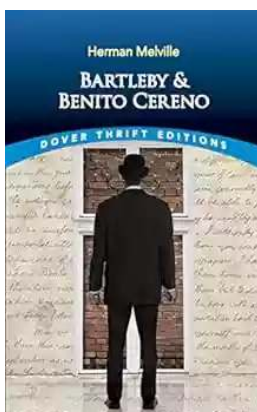
Sherrie's first trip riding solo, *Keep The Shiny Side Up* is an intimate account of why someone with a week old motorcycle license would jump on their bike and ride away. (Hint: It helps if staying means your homeless.) And as Sherrie was to find out, self-awareness is where the real zen of motorcycle travel occurs.

This is the story of their 3-month trip which included Austria, Hungary, Romania, Bulgaria, Turkey, Greece, Montenegro, Bosnia and Herzegovina, and Slovenia.

From the majesty of Mt. Nemrut to the wonderful and open people they met along the way, Sherrie writes candidly about the ups, downs and pure bliss that is motorcycle travel. Food, mountain top crashes, and horny deer are all just part of this trip.

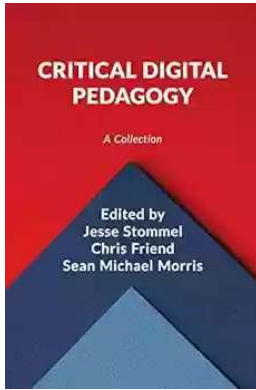
The Happiness Project meets The Motorcycle Diaries, the book is for anyone who dreams of packing it in and riding off into the sunset - or for anyone who just likes to read about it. Join in on the adventure today.

Publisher's Note: Unleash Your Motorcycle Adventure Series is written by an adult and is intended for adults and therefore on occasion (and sometimes even more often than that) adult language is used. If you have a strong aversion to the use of the F-bomb, particularly when the person slinging that “type of language” is the female of the duo, you may find your enjoyment of the book somewhat diminished on occasion. Unleash Your Adventure has made an effort to remove unnecessarily foul language from the book. There are points though where we feel the integrity of the scene and Sherrie’s general personality require the occasional swear word. Otherwise, if you ever meet her in real life, say at a Horizon’s Unlimited meeting or in some random port, you will not be horrified. At the very least you can not say we did not warn you.



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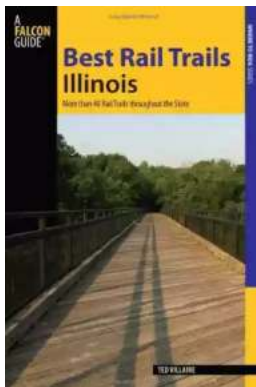
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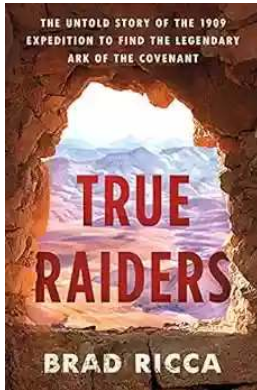
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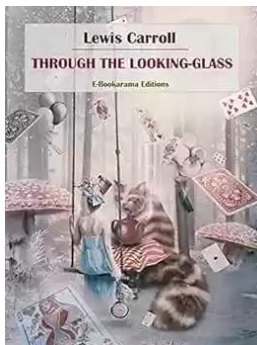
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