

Italy Abruzzo Bradt Travel Guides: Explore the Enchanting Region of Abruzzo

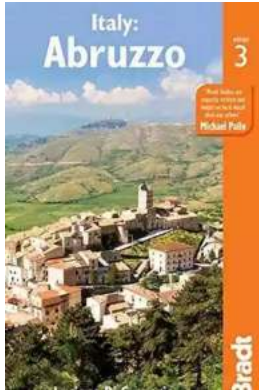


Abruzzo, nestled in the heart of Italy, holds a treasure trove of hidden gems waiting to be discovered. With its breathtaking landscapes, rich history, and vibrant culture, this region offers an immersive and unforgettable travel experience. If you are planning to visit Abruzzo, look no further than the Italy Abruzzo Bradt Travel Guides, your ultimate companion to exploring this enchanting destination.

Unveiling the Allure of Abruzzo

Abruzzo is a region situated in central Italy, stretching from the Apennine Mountains to the sparkling Adriatic Sea. It is often referred to as the "green lung"

of Europe due to its vast expanses of pristine national parks and untouched natural beauty. Within its borders lie a myriad of picturesque towns, historic castles, and ancient ruins that tell stories of its glorious past.



Italy: Abruzzo (Bradt Travel Guides (Regional Guides)) by Luciano Di Gregorio(3rd Edition, Kindle Edition)

★★★★☆ 4.7 out of 5

Language	: English
File size	: 26651 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 304 pages
Hardcover	: 240 pages
Item Weight	: 1.09 pounds
Dimensions	: 6 x 0.67 x 9 inches
Paperback	: 283 pages



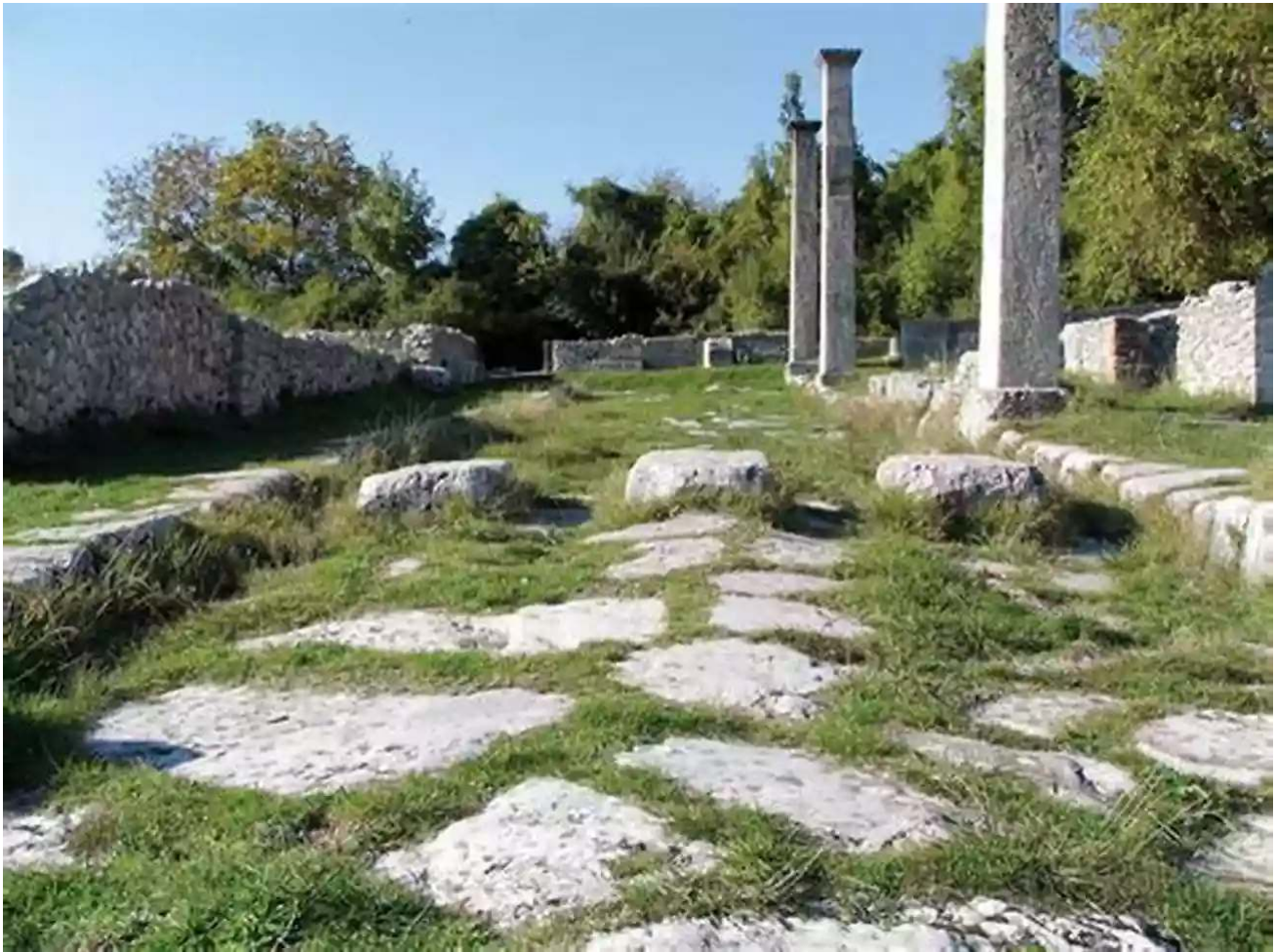
Discover Stunning Landscapes

The Abruzzo region encompasses an astonishing variety of landscapes, making it a paradise for nature lovers. Majestic mountains, including the Gran Sasso and Maiella, invite adventurous hikers and skiers. As you explore the peaks, you'll be treated to breathtaking panoramas of wildflower-covered meadows, pristine lakes, and cascading waterfalls.



Immerse Yourself in Ancient History

Abruzzo is steeped in history, with evidence of human presence dating back to prehistoric times. Delve into its ancient past by visiting the fascinating archaeological sites scattered throughout the region. From the well-preserved Roman ruins of Alba Fucens to the mystical hermitages of Santo Stefano di Sessanio, Abruzzo will transport you to another era.



Experience Authentic Culture

The people of Abruzzo are known for their warm hospitality and their dedication to preserving their unique traditions. Immerse yourself in the lively local culture by attending one of the many festivals celebrated throughout the year. From the vibrant Carnival of Ortona to the age-old Abruzzo Music Festival, these events showcase the region's rich heritage and offer a glimpse into the vibrant lives of the locals.



Your Ultimate Travel Companion: Italy Abruzzo Bradt Travel Guides

When planning your journey to Abruzzo, having a reliable and comprehensive travel guide is essential. The Italy Abruzzo Bradt Travel Guides offer detailed insights into the region's must-visit attractions, local accommodations, dining options, and hidden gems. With these guides in hand, you'll have all the information you need to make the most of your adventure in Abruzzo.

Abruzzo, with its breathtaking landscapes, rich historical heritage, and vibrant culture, is a hidden gem waiting to be explored. Whether you seek outdoor adventures, ancient ruins, or authentic cultural experiences, this enchanting region has something to offer every traveler. With the Italy Abruzzo Bradt Travel Guides as your trusted companion, you'll embark on a remarkable journey through the heart of Italy that will leave lasting memories.

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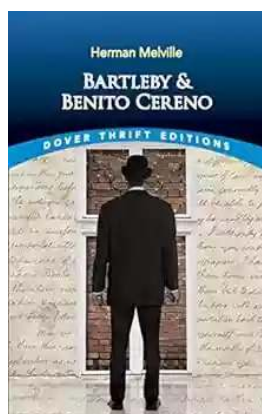


Bradt's Abruzzo remains the only full English-language guide to this beautiful and increasingly favoured part of Italy. This new edition has been thoroughly updated to cover all developments since the last edition, reflecting the region's growing popularity for holiday homes and as a busy conference destination at the heart of Italy, plus its appeal for wildlife and active tourism, including trekking, family holidays and horse-riding. Abruzzo offers the best of undiscovered Italy from pristine beaches to mountain glaciers, with some of Italy's most beautiful medieval villages clinging to the hillsides in between. This brand new edition of Bradt's Abruzzo provides all the practical and background information you'll need to explore this surprising region.

What makes the Abruzzo region remarkable is that it is still about as unique and authentic an Italian experience as you can get in a country so devoured by international tourism. Abruzzo offers one of the most beautiful coastlines in the country, only a short distance from the tallest mountain ranges in Italy outside the Alps (it is the second most popular skiing centre in Italy outside the Alps) and one of the best places for hiking and flora/fauna spotting. What's more, despite the economic downturn of recent times, the regional government continues to invest in a 'beautification' project for its major urban centres and in the development of

its regional highlights such as mountains, wildlife parks and rural towns. It's notable that in the 2017 national competition for 'I Borghi Più Belli d'Italia' (The Most Beautiful Towns in Italy) programme, Abruzzo was recognised as having 23 of the country's most beautiful towns, trailing second only behind Umbria and with at least a handful more than Tuscany. Intriguingly, Madonna's family hails from the town of Pacentro, to which the singer donated US\$500,000 for restoration works after the 2009 earthquake in the region.

Blue Flag beaches, mountain hiking and where to spot rare wildlife such as bears and wolves are all covered, as are untouched castles and frescoed churches and the region's plethora of Roman ruins. Italian cooking and the best places to eat are featured (Abruzzo is home to the majority of Italy's domestic pasta production), and there is extensive coverage of culture and language (Abruzzo is one of Italy's most linguistically diverse regions). Written with warmth and insight by a native Abruzzese, Bradt's Abruzzo contains all the information you need to discover this enchanting part of Italy.



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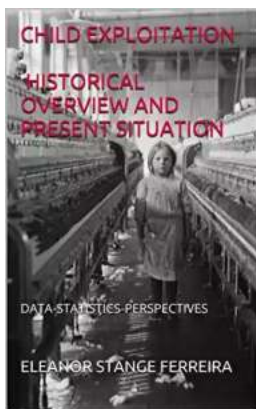
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