

Horses Were Born To Be On Grass: How We Discovered The Simple But Undeniable Truth

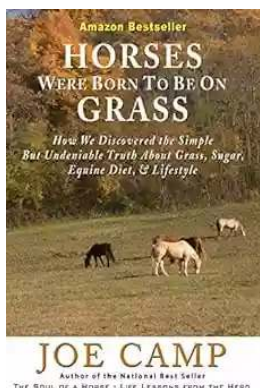


In a world where humans are constantly striving for the best, it's easy to forget the simplest and most natural things. This is especially true when it comes to horses and their diet. We tend to get caught up in fancy supplements and processed feeds, forgetting that horses were born to be on grass.

The Natural Habitat

For centuries, horses have roamed open grasslands, effortlessly grazing on the lush green pastures. They have evolved to thrive on this diet, consuming a variety of grasses and herbs that provide them with the essential nutrients they need. It

is their natural habitat, and everything about their physiology is designed to support a grass-based diet.



HORSES WERE BORN TO BE ON GRASS - How We Discovered the Simple But Undeniable Truth About Grass, Sugar, Equine Diet, & Lifestyle

by Joe Camp (Kindle Edition)

★★★★☆ 4.5 out of 5

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When we take horses off the grass and substitute it with processed feeds or limited grazing options, we disrupt their natural balance. We may think we are providing them with better nutrition, but in reality, we are depriving them of their evolutionary roots.

Science Meets Tradition

The belief that horses should be on grass is not just a romantic notion. Scientific studies have increasingly shown the numerous health benefits associated with a grass-based diet for horses. Researchers have discovered that horses on pasture have lower incidences of digestive issues, respiratory ailments, and behavioral problems. They also have healthier hooves, better immune systems, and improved overall well-being.

It's fascinating how modern science is aligning with the wisdom of traditional horsekeeping practices. Our ancestors understood the importance of allowing horses to graze freely, but somehow, we lost sight of this knowledge in our quest for convenience and efficiency.

The Nutritional Advantage

Grass is a complete and balanced source of nutrition for horses. It contains a perfect ratio of proteins, carbohydrates, fats, vitamins, and minerals that fulfill their dietary requirements. Moreover, the high fiber content in grass promotes healthy digestion and prevents digestive disorders such as colic and gastric ulcers.

Processed feeds, on the other hand, often lack the essential nutrients provided by grass. They can be heavily concentrated or contain unnecessary additives, which can lead to various health issues in horses. While they may seem convenient, these feeds are a poor substitute for the natural diet horses were born to consume.

Unlocking the Potential

Returning horses to their natural state by allowing them access to grazing can have remarkable effects on their physical and mental well-being. It is both a lifestyle and a dietary change that can positively impact their overall health.

Not only will horses become healthier on a grass-based diet, but they will also exhibit more content behavior, improved performance, and better athletic abilities. The freedom to move, roam, and graze at will is essential for their happiness and fulfillment.

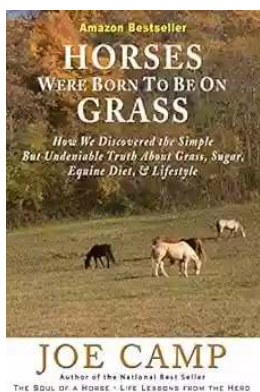
Creating the Perfect Environment

If you're fortunate enough to have access to grazing land, make the most of it. Ensure the pastures are well-maintained, free from toxic plants, and provide adequate space for horses to exercise and graze. Rotational grazing can be beneficial, allowing grass to regrow and preventing overgrazing.

If you don't have grazing options, consider finding opportunities for your horse to spend time outdoors. Turnout paddocks or areas with controlled grazing are a good compromise. Remember, any grass your horse can consume is beneficial for their overall well-being.

The Simple Truth

Horses were born to be on grass, and we have finally rediscovered this simple but undeniable truth. By providing them with the environment and the diet they evolved to thrive on, we can give them the best chance at a healthy and fulfilling life. Let's not forget the power of nature and embrace the beauty of horses grazing on lush green pastures.



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When best selling author Joe Camp and his wife Kathleen decided to move from the high desert of southern California to middle Tennessee they were told over and over again that their horses couldn't stay out 24/7 on the lush rich grasses they would encounter. Legend had nicknamed their new home "Founder Valley".

This made no sense to Joe. Horses in the wild encounter gorgeous meadows and free choice foraging with no negative results whatsoever. So as he had done when horses first entered their lives, Joe hit the research trail and began digging out the actual facts, not the legends. Not the hearsay. And what he discovered was nothing short of amazing.

As this new book is released Joe & Kathleen's herd of six are happy, healthy, and about to celebrate their second anniversary of being out in the "forbidden" pasture 24/7. Learn how. And why. This is their story.

With free Kindle apps, download this book to your computer, iPhone, Android, Blackberry, iPad, Kindle, or all of the above for one teeny little price of 99 cents! The stories you love and the information you need will always be with you.

What Readers and Critics Are Saying About Joe Camp

“Joe Camp is a master storyteller.” The New York Times

“Joe Camp is a gifted storyteller and the results are magical. Joe entertains, educates and empowers, baring his own soul while articulating keystone principles of a modern revolution in horsemanship.” Rick Lamb, Author and TV/Radio host “The Horse Show”

"This book is fantastic It has given me shivers, made me laugh and cry, and I just can't seem to put it down!" Cheryl Pannier, WHO Radio AM 1040 Des Moines

"One cannot help but be touched by Camp's love and sympathy for animals and by his eloquence on the subject." Michael Korda, The Washington Post

"Joe Camp is a natural when it comes to understanding how animals tick and a genius at telling us their story. His books are must-reads for those who love animals of any species." Monty Roberts, Author of New York Times Best-seller The Man Who Listens to Horses

"The tightly written, simply designed, and powerfully drawn chapters often read like short stories that flow from the heart. Camp has become something of a master at telling us what can be learned from animals, in this case specifically horses, without making us realize we have been educated, and, that is, perhaps, the mark of a real teacher." Jack L. Kennedy, The Joplin Independent

"This book is absolutely fabulous! An amazing, amazing book. You're going to love it." Janet Parshall's America

"Joe speaks a clear and simple truth that grabs hold of your heart." Yvonne Welz, Editor, The Horses Hoof Magazine

"I wish you could hear my excitement for Joe Camp's new book. It is unique, powerful, needed." Dr. Marty Becker, best-selling author of several Chicken Soup for the Soul books and popular veterinary contributor to ABC's Good Morning America

"I got my book yesterday and hold Joe Camp responsible for my bloodshot eyes. I couldn't put it down and morning came early!!! Joe transports me into his words.

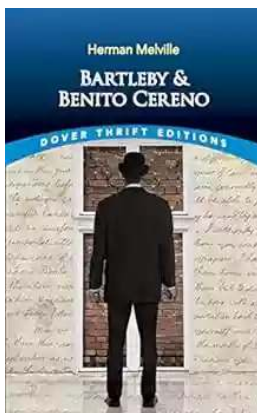
I feel like I am right there sharing his experiences. And his love for not just horses, but all of God's critters pours out from every page.” Ruth Swander – Reader

“I love this book! It is so hard to put it down, but I also don't want to read it too fast. I don't want it to end! Every person who loves an animal must have this book. I can't wait for the next one !!!!!!!” Nina Black Reid – Reader

“I LOVED the book! I had it read in 2 days. I had to make myself put it down. Joe and Kathleen have brought so much light to how horses should be treated and cared for. Again, thank you!” Anita Large - Reader

“LOVE the new book... reading it was such an emotional journey. Joe Camp is a gifted writer.” MaryKay Thul Longacre - Reader

“The Soul of a Horse Blogged is insightful, enlightening, emotionally charged, hilarious, and packed with wonderfully candid photography.” Harry H. MacDonald - Reade



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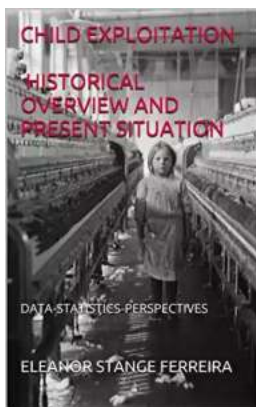
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