

Discovering My True Self - A Journey Through 2020 with Lori Brighton

2020 has undoubtedly been an eventful year for all of us. The global pandemic, social issues, and personal challenges have forced many individuals to reflect upon their lives in ways they had never imagined before. In this article, we delve into the captivating journey of Lori Brighton as she navigates through this tumultuous year, ultimately leading her to see herself more clearly than ever before.

A Year of Self-Discovery

Like many others, Lori Brighton's life came to a halt when the coronavirus pandemic struck. With the world shutting down and people retreating into their homes, Brighton found herself with an abundance of time on her hands. Little did she know that this unexpected pause in her life would become a catalyst for deep self-reflection.

As days turned into weeks, and weeks into months, Brighton began to embark on a journey of self-discovery. She took the time to evaluate her past decisions, assess her strengths and weaknesses, and explore her passions and aspirations. The solitary nature of the lockdown provided the ideal environment for introspection.

20/20:: Seeing Myself Clearly

by Lori Brighton(Kindle Edition)

★★★★☆ 4.5 out of 5

Language : English

File size : 469 KB

Text-to-Speech : Enabled

Screen Reader : Supported



Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 27 pages
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Challenging the Status Quo

During this reflection period, Brighton realized that she had been living her life based on society's expectations rather than following her true desires. She had been pursuing a career that didn't fulfill her, engaging in relationships that didn't bring her joy, and neglecting her own needs in favor of others' approval.

With this newfound awareness, Brighton made the bold decision to break free from the chains of conformity. She quit her unfulfilling job and decided to pursue her long-held dream of becoming a writer. She surrounded herself with positive influences, read books that expanded her mind, and embraced personal growth with open arms.

Embracing Vulnerability

As Brighton embraced her authentic self, she realized the importance of vulnerability in personal growth. She started sharing her experiences, struggles, and triumphs with others through a blog she created. The response was overwhelming. Through her honest storytelling, Brighton was able to connect with people around the world who resonated with her journey.

Through her blog, Brighton also discovered the power of community. She found that by opening up about her vulnerabilities, she not only helped herself but also inspired others to embark on their journeys of self-discovery. The connections she formed online became a support system, encouraging her to keep pushing forward towards her goals.

A Glimpse into 2021

2020 may have been a year of challenges, but it also became the year that allowed Lori Brighton to see herself clearly. In her journey towards self-discovery, she learned the importance of authenticity, chasing her dreams, and embracing vulnerability.

As we move into 2021, Brighton is determined to continue on this path of personal growth. She plans to publish her own book, release a podcast, and continue sharing her story to inspire others.

Join Lori Brighton on her transformative journey and discover the power of seeing yourself clearly. Let 2020 be the year that sparks your own self-reflection and leads you towards living the life you've always desired. Embrace the lessons learnt and stride confidently into the new year armed with the knowledge that self-discovery can be a beautiful and life-changing experience.



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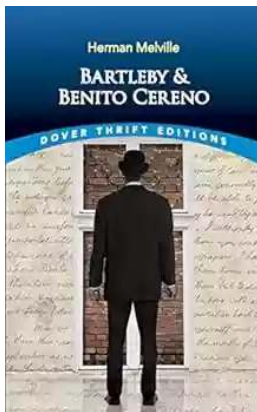
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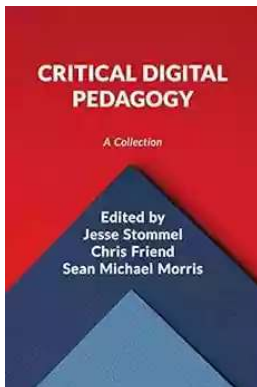


It's true, black girls are magical and unapologetic. Even when our dads break our hearts, we lose all self-confidence, and we feel alone. The black girl magic continues to illuminate through our souls. We always bounce back no matter what comes our way. My story is no fairytale but I am bold enough to share it in hopes that it inspires and encourages you to live in your truth. Here I am.



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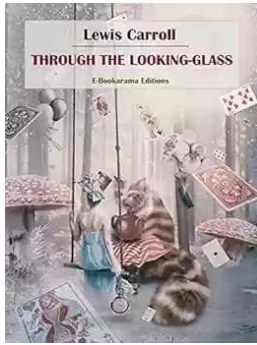
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