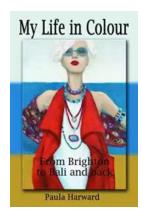
#### Discover the Vibrant Palette: My Life In Colour

Life is a colorful journey, full of joy, challenges, and experiences. It is a canvas waiting to be painted with the hues of memories, emotions, and dreams. In this article, we embark on a quest to explore the vivid and captivating world of My Life In Colour.

From a young age, I have always been fascinated by the vibrancy of the world around me. Each day brings a new melody of colors, painting unique strokes on the canvas of my life. Color has an incredible power to evoke emotions, stimulate creativity, and leave a lasting impact on our memories.

My journey in color began with the innocence of childhood, where everything was a kaleidoscope of hues. From the vibrant green of the grass beneath my feet to the golden warmth of the sun on my face, each moment was brimming with delightful shades of beauty.



#### My Life in Colour: From Brighton to Bali and Back

by Christine Kriha Kastner(Kindle Edition)

**★ ★ ★ ★** 5 out of 5

Language : English File size : 9863 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Lending : Enabled Print length : 194 pages Paperback : 82 pages Item Weight : 6.2 ounces

Dimensions : 6 x 0.2 x 9 inches

As I grew older, color became more than just a visual sensation - it became a language that allowed me to express myself. Whether it was through my artwork, fashion choices, or the decoration of my living space, color became an extension of my personality and a way to communicate my innermost feelings to the world.

Red, the color of passion and energy, became my companion during moments of excitement and intensity. It ignited a fire within me, filling my life with an exhilarating sense of purpose and drive. The sight of crimson roses or a blazing sunset always reminds me of the fiery determination that pushes me forward.

Yellow, the epitome of sunshine and happiness, would grace the canvas of my life during moments of pure joy and optimism. Its brightness would infuse warmth into my soul, enlightening every step I took. The sight of blooming daffodils or a golden summer day evokes a feeling of bliss that resonates deep within my heart.

Blue, the color of tranquility and serenity, would become my refuge during moments of calm and introspection. Its soothing tones would envelop me like a comforting embrace, offering solace and clarity. The sight of the vast ocean or a cloudless sky transports me to a place of peace, where the busy world fades away.

Green, a symbol of growth and harmony, would embody the chapters of my life filled with new beginnings and personal development. Its refreshing hues would rejuvenate my spirit, urging me to bloom like the flowers in a spring garden. The lushness of nature or the emerald leaves dancing in the wind remind me of the endless possibilities life has to offer.

From fiery reds to calming blues, the chapters of my life have been painted in a plethora of colors. Each shade tells a story, holds a memory, and creates an emotional connection that is unique to me. My journey through this vibrant palette has allowed me to appreciate the beauty in every shade and the significance it holds in shaping my life and the person I have become.

As I reflect on My Life In Colour, I realize that it is a perpetual canvas, waiting for new strokes and shades. Just as each day brings a new opportunity to experience life in a different hue, I am continually amazed by the infinite palette of possibilities that awaits me.

So, I invite you to delve into the world of color and embark on your own exploration of My Life In Colour. Embrace the vibrancy that surrounds you, express yourself through the colors that resonate in your heart, and let the kaleidoscope of life paint a masterpiece that is uniquely yours.



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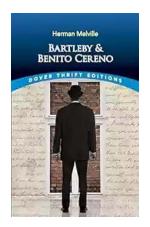


"Our choice of colours shows who we are. It is a map to knit, unpick and reknit throughout our lives."

Threads of colour, beauty and passion weave through this visual feast of Asia as the author pursues her dream to design and make individual clothes and fashion accessories for women - no matter what their size. Step inside the reality of the retail and wholesale fashion industry ...

Starting from her small shop Inside Out Designs in Kemptown, Brighton she takes us on a vivid journey through Brighton, Bali, India and Nepal, inspiring us to follow our dreams and seek out the unusual. From building a house in Bali to reinventing the flip-flop, learn how she brings confidence and connection to individuals who now have movement, colour and wit in what they wear.

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